The Gustave O. Arlt Award fields of competition is awarded on a seven-year cycle, as noted below:

- 2024: Classical Studies or Archaeology
- 2025: English and North American Language and Literature
- 2026: World Language and Literature, Comparative Literature, Drama/Theater Arts
- 2027: The Arts (Art History/Criticism/Conservation and Music)
- 2028: Linguistics and Philosophy
- 2029: Religious Studies
- 2030: History